

Purple Beebalm

Monarda fistulosa

Plant Type: Native Flowering Perennial

Sun Exposure: Full Sun

Season of Interest: Spring, Summer

Bloom Time: Spring, Summer

Bloom Color: Red to Scarlet

Height: 24 to 48 in.

Spread: 24 to 36 in.

Spacing: 32 in.

Water Needs: Average

Maintenance: Very Little

Soil Type: Clay, Loam

Soil pH: Acidic, Neutral

Soil Drainage: Well drained

Pests: None (Deer & Rabbit resistant)

Diseases: Powdery mildew

Wildlife: Bees, Butterflies, Hummingbirds



Description: As suggested by its name, beebalm plants are known for attracting bees, butterflies, and hummingbirds. Even when the plant is not flowering, the seed heads will attract birds throughout the winter. Their vibrant flower heads are full of pink/lavender/purple tubular flowers. Part of the mint family, bee balm has a square stem and quick-spreading underground rhizomes. Both the flower and the foliage are aromatic and often used in herbal medicine, teas, and in culinary applications. It is a quick grower and spreader and can be planted in the spring or fall. For more information see: plants.ces.ncsu.edu/plants/monarda-fistulosa



Care and Growing Tips: Beebalm is very easy to care for when provided with the right growing conditions. These plants do best with moist soil, plenty of sunshine, and consistent water. Good airflow is important to avoid problems with powdery mildew.

It can be planted in the fall or spring. If planting in the fall, it is best to trim the bee balm down to a couple of inches in height. This encourages the plant to focus its energy on root development so it can survive the winter and is a fast spreader, and under the right conditions it can take over a garden. However, because it is native to North America, it is not considered invasive.

Full sunlight is best for beebalm plants. They can be grown in partial shade, particularly in areas with intense summer heat. However, plants grown in partial shade may develop a leggy, stretched look and will not flower as vigorously. Beebalm thrives in moist, well-draining, fertile soil and benefits from rich, organic matter, such as compost. These plants do not do well in soggy or extremely dry soils. If your garden conditions tend to be dry, try adding a layer of mulch to help retain the proper amount of moisture in the soil. Water them once the soil just feels dry. To prevent problems with powdery mildew, water at ground level and avoid getting the foliage wet.