

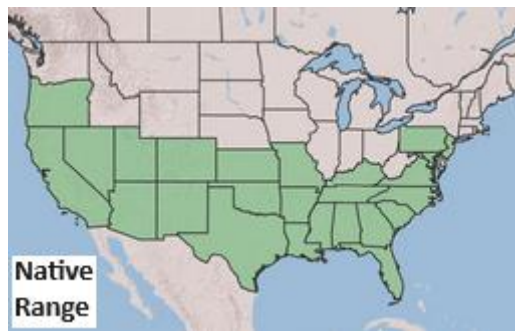
# Frog Fruit

## *Phyla nodiflora*

**Plant Type:** Native Perennial Wildflower  
**Sun Exposure:** Full Sun, Part Sun  
**Season of Interest:** Spring, Summer, Fall  
**Bloom Time:** May through October  
**Bloom Color:** White and Purple  
**Height:** 3 to 6 in.  
**Spread:** 12 in.  
**Spacing:** 16 in.  
**Water Needs:** Average  
**Maintenance:** Low, Mow if it gets "leggy"  
**Soil Type:** Clay, Loam, Sandy, Rocky  
**Soil pH:** Acidic, Neutral, Alkaline  
**Soil Drainage:** Well Drained  
**Pests:** None, Deer and Rabbit resistant  
**Diseases:** None  
**Wildlife:** Bees, Butterflies



**Description:** Frog Fruit, also known as Turkey Tangle, is a vigorous, spreading ground cover native to the Southern United States. It's a tough one, able to survive a wide range of conditions and soil types. It tolerates both drought and flooding but does best with occasional deep watering in full sun to part shade. It flowers heavily over a long period with charming little heads of mauve-pink, lavender and white blossoms, attracting a wide assortment of bees and butterflies. This dense, carpeting plant makes a serviceable ground cover or lawn-like replacement, tolerating moderate foot traffic and occasional mowing. It will die back in the winter, but quickly recovers in spring. For more information see: [nativebackyards.com/frog-fruit](http://nativebackyards.com/frog-fruit).



**Care and Growing Tips:** Frog fruit is very easy to care for and gets easier as it establishes itself and spreads. The main requirements to remember when caring for frog fruit are: 1) water when first planted; 2) fertilize in spring to increase blooms; 3) prune back or mow after flowering if it gets "leggy". Frog fruit is loved as a ground cover because it is adaptable to the amount of sun it need and can be grown in full to part shade and do amazingly well. It will do best and produce the most blooms in full sun, but there will be no harmful effects when it comes to vigor, and your frog fruit will not suffer any more or fewer diseases if planted in partial shade; it will just produce fewer blooms.